

Name..... Tutor.....

Life skills – things you should know...	Cultural capital - places to visit...	Outdoors and resilience skills	Social capital -participate in ...
Tie shoelaces	Roseberry Topping	Catch a crab	A debate
Put on a tie	Captain Cook Monument	Try ice skating	The school news on website
Change a plug	Angel of the North	Go swimming	Chinese new year
Pump a bike tyre	Tees Barrage	Build a camp fire	Diwali celebration
Use an iron	A mosque	Observe a bird of prey	Firework safety
Use a public bus	A church	Go sledging	Carve a pumpkin
Basic first aid	North Gare	Camping	School Christmas dinner
Use a cafe	Redcar beach	Navigate using a map	A community project
Explore self organisation skills	Blackhall Rocks	Hike at least 5 miles	Litter picking
Tell the time	Albert Park	Go kayaking	A sports team
Use a train timetable	Preston Park	Take part in rock climbing	A student council meeting
Use a bus timetable	Cenotaph	Wade a river	Plant bulbs/trees
How to seek support for mental health	A farm	Use camouflage	Lead part of a fund raising event
How to be online safely	Sheep wash	Build a den/shelter	Produce an anti-bullying project
Send a thank you card	Kirkleatham Museum	Build a dam	Contribute to black history month
Demonstrate an understanding of ASD and ADHD	A wind farm	Visit lambs	Participate in Remembrance day
How to use a library	Beamish	Go bowling	Take part in a school vote
When to call 999	A castle	Use country paths safely	Attend your EHCP review at least once
Cook a breakfast	Brimham Rocks	Identify 3 different trees	Earn Platinum SHAPE points
Make pancakes	Durham cathedral	Describe how to safely navigate a field of sheep	Make a gingerbread house (Christmas)
Interpret road signs	Teesaurus Park	Locate wild invertebrates	Make an Easter cake
Flip on a trampoline	Teesmouth Nature Reserve	Use a spade safely	Your art on display
Send an email	Hadrian's Wall	Complete a treasure hunt	Attend assembly
Describe how to be safe online	Captain Cook Birth Place Museum	Build a twig tower	Participate in love of learning day
Have a CV	The Royal Armouries	Collect sea glass	Visit 2x colleges

