



**DAISY
CHAIN**
Autism & Neurodiversity



**Autism
Central**
For parents and carers

Autism Central

Virtual Learning Workshops

As part of the Autism Central programme, Daisy Chain provides a range of online learning opportunities covering a variety of topics to help support individuals and families.

These free online sessions are free and open to families living in the North East and Yorkshire. Autism Central offers families and carers of autistic people high-quality and easily accessible autism education, training, and support through peer educators, alongside a dedicated website.

Peer educators are autistic people, and parents and carers of autistic people, who have been trained to support other families.

UPCOMING SESSIONS

Wednesday 21st May - 6pm - 7:30pm / Getting Extra Help in Education Settings

Friday 30th May - 10am - 11am / Personal Budgets and Personal Assistants

Friday 6th June - 10am-12pm / Understanding Autistic Overwhelm, Meltdown and Shutdowns

Monday 9th June - 5:30pm-7:30pm / Understanding Autism

Friday 13th June - 10am-12pm / Sibling Support

Friday 20th June - 10am-12pm / Understanding Autism

Friday 27th June - 10am-12pm / Low Demand Parenting

Friday 4th July - 10am-12pm / Sensory Processing

Friday 11th July - 10am-12pm / Holidays and Days Out

Monday 14th July - 5:30pm-7:30pm / Holidays and Days Out

Friday 18th July - 10am-12pm / Support for Autistic Parents

Friday 25th July - 10am-12pm / Autism and Mental Wellbeing

For more information, please book online /contact the Autism Central team:

Email: support@daisychainproject.co.uk

Visit our website: daisychainproject.co.uk/product/learning-workshops

